



Church Training Assessment Tool

A tool to help your church reflect on how inclusive and engaging your environment is for individuals with intellectual and developmental disabilities (IDD).

1. Interactive Lessons

We use games, conversations, and hands-on activities to make lessons engaging.

☐ Yes, consistently ☐ Sometimes ☐ Not Yet

2. Processing & Participation

We give participants opportunities to process out loud and help one another understand.

☐ Yes, consistently ☐ Sometimes ☐ Not Yet

3. Multi-Sensory Teaching

We regularly use multiple senses (touch, sight, sound, etc.) to reinforce spiritual truths.

☐ Yes, consistently ☐ Sometimes ☐ Not Yet

4. Accessible Materials

We provide physical learning tools (photos, visual notes, simplified handouts) so all participants can engage.

☐ Yes, consistently ☐ Sometimes ☐ Not Yet

5. Lighting

We adjust classroom lighting to reduce overstimulation (e.g., light filters, lamps instead of fluorescents).

☐ Yes, consistently ☐ Sometimes ☐ Not Yet

6. Sensory Supports

We provide access to sensory toys or calming tools (chewy straws, fidgets, rice bins, fabrics, etc.).

☐ Yes, consistently ☐ Sometimes ☐ Not Yet

7. Sound & Visual Balance

We minimize overwhelming noise or competing visuals and offer quiet/low-stim areas when possible.

☐ Yes, consistently ☐ Sometimes ☐ Not Yet

8. Visual Schedules & Expectations

We display visual schedules and clear expectations so participants know what to expect.

☐ Yes, consistently ☐ Sometimes ☐ Not Yet

9. Understanding Behavior & Escalation

Our volunteers understand how behaviors begin and what to expect during an escalated incident.

☐ Yes, consistently ☐ Sometimes ☐ Not Yet

10. Handling Behaviors with Compassion

Our volunteers and leaders feel comfortable responding to behaviors (e.g., outbursts, meltdowns) with compassion and calm.

☐ Yes, consistently ☐ Sometimes ☐ Not Yet

Scoring Guide

Count the number of “**Yes**” responses across all 10 items:

- **0–3 = Growing:** Your church is taking first steps toward inclusion. Celebrate what you’ve started, and choose one area to strengthen this year.
- **4–7 = Developing:** You are making progress in creating an IDD-friendly environment. Focus on filling in gaps and formalizing supports.
- **8–10 = Thriving:** Your church is thriving in IDD inclusion! Continue refining and mentoring other churches in this important work.

Next Step: Get Equipped for IDD Ministry!

No matter your score, there’s always room to grow in making your church a place where individuals with intellectual and developmental disabilities feel welcomed and discipled.

Sign up for an Unstoppable God Ministries Church Training to equip your team with practical tools, resources, and strategies.

Contact: Info@UnstoppableGodMinistries.org

Website: <https://unstoppablegodministries.org/disability-training-churches/>